

**COURSE CODE: PRP 205****Course Ministers/Mentors: Paul & Elisheba Momoh**

*'Bodily exercise is all right, but spiritual exercise is much more important and is a tonic for all you do. So exercise yourself spiritually and practise being a better Christian, because that will help you not only now in this life, but in the next life too'*  
1 Timothy 4:8 [TLB].

*"Therefore, my dear ones, as you have always obeyed...so now,...work out (cultivate, carry out to the goal, and fully complete) your own salvation with reverence and awe and trembling..." Philippians 2:12-13[AMP].*

All other Scripture quotations are taken from the King James Version [KJV] except where otherwise stated.

**CHAPTER 1:****OBJECTIVES OF PRP 205**

- (1) To guide the Believer practically into the Word and the Spirit so as to encounter greater depths of –

*'The grace of the Lord Jesus Christ, and the love of God,  
and the communion of the Holy Ghost' 2 Corinthians 13:14*

- (2) To guide the Believer into enjoying spiritual breakthrough which is the 'mother that gives birth to' all other blessings from the Lord, as it is written,

*'seek ye first the kingdom of God and his righteousness;  
and all these things shall be added unto you' Matthew 6:33, and  
'beloved, I wish above all things that thou mayest  
prosper (financial & material prosperity) and be in  
health (physical prosperity) even as thy soul prospereth (spiritual prosperity)'  
3 John 2*

- (3) To guide the Believer in finding the revelation knowledge that unlocks destiny and guarantees answered prayers and the fulfilment of expectations -

*'So shall the knowledge of wisdom be unto thy soul;  
when thou hast found it, then there shall be a reward,  
and thy expectation shall not be cut off' Proverbs 24:14*

- (4) To nurture the Believer into the maturity that comes by a life of personal study and prayer, which leads to seeing, hearing, understanding and knowing the will of God -

*"but strong meat belongeth to them that are of full age,  
even those who by reason of use have their senses  
exercised to discern both good and evil' Hebrews 5:14*

**METHODOLOGY:****THE PRP MENTORING PROCESS & THE BOOK OF HABAKKUK**

Each student is expected to LOOK and SEE their spiritual condition through the lenses of the prophet Book of Habakkuk:

Chapters:

1 verse 1

2 verse 1

3 verse 1

Personal Revival begins from SEEING your spiritual condition or imagining what it is like compared to what the Lord would have it look like.

We will begin to imagine our true spiritual condition through the eyes of our understanding; Eph. 1:18; 4:17-18.

Are you ready to begin to imagine what is about to take place? Are you ready to imagine when you are spiritually sick, and you have to walk your way into THE EMERGENCY WARD of a Hospital?

You are the patient, and the Lord Jesus is the Great Physician. He will look after you and sort you out by the Holy Spirit. Are you ready for a spiritual checkup? Are you ready for your treatments; the spiritual tablets, capsules and drips that will make you whole and help you to become a brand new and better Christian?

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## CHAPTER 2:

### UNDERSTANDING PRP'S MENTORING PROCESS

#### WELCOME TO 'THE PRP HOSPITAL'

Dare to imagine your state of spiritual dryness. No one knows the seriousness of your condition except yourself. And then, of course, the Great Physician, the Lord Jesus, by whose stripes you are healed (Isaiah 53:5).

For you know very well that you can be better spiritually than you are right now. You also know too well that where you are currently in the spirit is nothing to compare with where your Lord and Saviour wants you to be. That is why you are truly in a spiritual wilderness.

You are in a desperate spiritual condition requiring your urgent hospitalisation. The only place that can handle your case right now is the PRP emergency ward. The kind of place where David found himself when he cried out for help:

*"O God, thou art my God; early will I seek thee:  
my soul thirsteth for thee, my flesh longeth for thee  
in a dry and thirsty land, where no water is"  
Psalms 63:1*

And again, he said:

*"My soul thirsteth for God, for the living God:  
when shall I come and appear before God" Psalm 42:2*

How thirsty are you to see a change in your spiritual condition? How often have you been appearing before God in the Word and in prayers? For how long a prayer session have you been in His presence? Is it that kind of '5 minutes with Jesus' or something not too better than that? May be far above that but certainly not yet your best. Your best is, however, yet to come and you know it. No matter what it is, we can still congratulate you, at least, for finding your way to the 'hospital'.

You are in the same spiritual place where David found himself and had to cry out to God for help. A state of spiritual poverty. For those who shall be blessed are those who are poor in spirit. So poor in spirit as to recognise their poverty and their need for Him.

As a matter of fact, that is the secret reason why the Great physician, the Lord Jesus, led you by his Spirit to request for admission into the PRP Hospital. And good enough, the Lord Jesus himself is the Doctor who will attend to you. The Lord himself is by your bedside. When He is through with you, you will inevitably end up with the joy and peace of personal revival. For,

*"He restoreth my soul: ..." Psalm 23:3.*

And *"Wilt thou not revive us again that thy people may rejoice in thee" Psalm 85:6.*

For *'Now the Lord of peace himself give you peace always by all means.'* 2 Thessalonians 3:16.

#### ADMISSION/HOSPITAL RECORD:

Now take a glance at your Admission-record. Your prayer-life at this moment, when compared to what it ought to be, is not looking good. It is reading 19% (...you know it, and it's bothered you). The Lord finds it concerning, as He looked further into the records to see the other details of your prayer-life.

Now He is asking you, couldn't you watch with me to pray for one hour? (Mark 16:37)...and how many times could you do this?

Your level of coldness to His Word and His Spirit is the reason for your detachment from Him. David cried out and began to seek Him until he experienced a spiritual turn-around, so much he could now say,

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*'O how I love thy law! It is my meditation all the day' (Psalm 119:97), and again he could say,  
'How sweet are thy words unto my taste! Yea, sweeter than honey to my mouth! (Psalm 119:103)*

You too can get to that place where you so love his Word...and cannot live a day more without this fellowship with His Word. Well, for the time being, there you are, lying low on that hospital bed. Though this is not at all a good place to be; but bless God, you are lying there about to be REVIVED!

## CHAPTER 3

### 'THE PRP EMERGENCY WARD':

The enemies of your spiritual health had wrought a lot of havoc while you were neither hot nor cold. This fact is evident from your hospital record. The spiritual enemies of your destiny have just gone too far in fighting your spiritual progress.

If they could so weaken your spiritual progress, just imagine how far they must have gone in stealing your load of Blessings while in transit from the heavenly place (Ephesians 1:3).

How soon would they even want to oppose your destiny of long-life? If they can succeed so much in cutting off much of your flow from the Lord, as they have already done, they may soon do anything while you are still sleeping in the spirit. You are neither hot nor cold. It is time to wake up and fight back, ...in the fight of faith!

At the PRP WARD, we are divinely commissioned to help you. To help you to pursue the enemy and recover all. To be able to do this, we have on our hand the prescription of the Great Physician. We have His prescriptions to administer to you and help you on the road to revival.

We now need your humility and total co-operation to be able to administer to you the Jesus-prescription for your total REVIVAL. All that is required is your readiness to ACT now.

*'for, the Just shall live by his faith' (Habakkuk 2:4)  
therefore, 'Sow yourselves in righteousness, reap in mercy;  
break up your fallow ground: for it is time to seek the Lord,  
till he come and rain righteousness upon you' Hosea 10:12*

We are here to help you fight the enemies of your spiritual progress and the enemies of your peace, joy, and prosperity. The Great Physician has equipped us to equip you to the battle. He has given us' bottles of Drip, Tablets, Capsules, and Syrups with which to revive you.

Your faith or your corresponding action would mean whatever you do with what we administer for your recovery and revival.

The Lord had given us the blueprint concerning REVIVING the 'Patients' he sends to us. He had instructed us on how to REVIVE the thirsty souls. How seriously you take the PRESCRIPTIONS the Lord had given us through the prophetic vision behind Personal Revival Practicum, will determine how soon you RECOVER. But remember,

*'by a prophet the Lord brought Israel out of Egypt, and by a prophet was he preserved' Hosea 12:13*

The PRP came from the Lord through a prophetic vision. If you stay with it, the same Lord will lead you forth out of every spiritual bondage into a new spiritual awakening and a new day. The new YOU will soon emerge. You shall be brought forth out of every spiritual stagnation...and preserved, in Jesus name!

## SPIRITUAL PRESCRIPTIONS

*'My son, attend to my words; ...for they are life to those that find them,  
and health to all their flesh' Proverbs 4:20-22*

### PRESCRIPTION No. 1:

The drip is already set-up: we will be praying for you. You are now on our prayer list. Through our prayers and 'the supply of the Spirit of Jesus Christ' (Philippians 1:19), there shall be a release of the mighty flow of the Spirit into your life. This prayer task is our spiritual duty; our prophetic ministry and covering of faith over you.

### PRESCRIPTION No. 2:

The 'tablets, capsules, and syrup' are now being administered to you in the following Instructions:

#### SAMUSH

S = STUDY

A= AND

M= MEDITATE

U= UNTIL

S= SOMETHING

H=HAPPENS

#### PASUSH

P= PRAY

A= AND

S= SING

U= UNTIL

S= SOMETHING

H= HAPPENS

#### SHAWASH

S= SEE,

H= HEAR

A= AND

W= WRITE

A= AFTER

S= SOMETHING

H= HAPPENS

## CHAPTER 4

**CAUTION!** Keeping to the required dosage of a prescription consistently and continually is fundamental to the success of any medication. Do the following dosages consistently and continuously for the duration of your study and be amazed at your own spiritual breakthrough. James 1:25. With that Godly habit formed, you have got your hand on the handle of your divine destiny for the rest of your life, in Jesus name, Amen and Amen.

### SAMUSH: 2 Tim 2:15, Josh 1:8, 1 Tim 4:13-15

DOSAGE (First 3 Weeks):

35 (OR MORE) CHAPTERS OF THE BIBLE WEEKLY (From any book or combination of books of the Bible). That is about five chapters on a daily average.

DOSAGE (after three weeks): 5-10 or more, as the Spirit leads you on.

Start your SAMUSH by-

(a) Reading-through all 5-10 chapters.

(b) Next, go over the same 5-10 chapters. This time, slowly and meditatively.

As things occur to you, you may feel like praying it out, speaking it out, or repeating scriptures aloud to yourself. Then, write down any revelation in your PWB, along with the date. If nothing occurs worth writing down, that's okay for the day. You only write when there is something special happening to you.

QUESTIONS TO MIND AS YOU STUDY:

(a) How do these scriptures apply to my life and destiny?

(b) What is the vital principle of scripture, correction, reproof, or direction that I need to apply from these scriptures to my life, to fulfil my obedience?

(c) Is there any personal message that the Lord is passing across to me? (d) What prayer do I need to pray from these scriptures to shape my life and calling?

**PASUSH: 1 Cor.14:15, Acts 16:25**

You will need the Holy Spirit to help you in this prayer program. If you are not baptised in the Holy Spirit with the evidence of speaking in other tongues, we can help you. Otherwise, get the help of your pastor, a minister or someone who is baptised in the Holy Spirit to assist you in receiving this mighty Gift of God. This Gift of God guarantees an adventurous prayer-life (Romans 8:26).

DOSAGE (First 3 Weeks):

30-60 MINS (OR MORE) SPENT IN PRAYERS DAILY

DOSAGE (after three weeks): More time, as the Spirit leads you on.

Start your PASUSH by (a) Thanksgiving prayers.

Call to mind one or two things that God has done for you, your loved ones and others, whether in the previous day, month or months. Deliberately remind yourself of the last miracle you can think of, (including the fact that you slept and woke up; it was the Lord who sustained you!) A song says it all,

*'Count your blessings, name them one by one,  
Count your blessings see what God has done;  
Count your blessings, name them one by one,  
And it will surprise you what the Lord has done!'*

Keep thanking God with words, both by your understanding and by the spirit, until joy and peace begins to fill your heart and songs of praise start flowing out of your mouth. Then, open your mouth and flow out into prayers of praise & worship.

(b) Prayers of Praise & worship, and moments of silence or quietness before the Lord.

(c) From there on, you are already in the flow of the Holy Spirit. Flowing in the spirit and switching gears as things come into your mind. Praying for others as the Lord will lay on your heart. Praying for your own needs, making proclamations and confessions, prophesying etc. as the move of the Spirit dictates. Checking up scriptures that flash through your mind, singing more, praying more, and doing as occasion serve you!

(d) Be sure to write down any spiritual development in your PWB. That is, what occurs to you, what God may be saying to you, what you may see or feel concerning issues of your life, etc. and as it may be revealed to you. Some days, you may sense nothing special to write down. That's okay, don't force things or make up things. What is most important of all is the fellowship you are enjoying with the Lord in His presence.

**CHAPTER 5****GUIDELINES TO GETTING STARTED WITH  
SAMUSH, PASUSH, AND SHAWASH:**

Remember the biblical challenge for the Believer to aim to have:

the discipline of an Athlete 1 Cor. 9:24-27; the endurance of a Soldier 2 Tim. 2:1-7; the exercise and strength of coming into maturity in Christ Heb. 5:12-14, 1 Tim. 4:8

(1) Provide for yourself: (a) One Journal to be labelled SAMUSH (b) Another Journal to be labelled PASUSH. Each of these books is called PRACTICAL WORKBOOK, PWB. You will need to take these two books always with you to your daily devotions of SAMUSH & PASUSH, as you will need to write down what you sense, see, or hear;

*'For thus saith the Lord God of Israel, saying, Write all the words that I have spoken unto you in a book' (Jeremiah 30:2)  
'...what thou seest, write in a book' Revelation 1:11*

You will need all that record in the days following and in the years ahead. This is so that you can 'compare spiritual things with spiritual' (1 Corinthians 2:13) to determine and discern divine direction for your life and destiny. Besides, you will need to complete the PRACTICAL WORKSHEET, PWS, from the information contained in your PRACTICAL WORKBOOK, PWB.

(2) Determine your best time of the day for SAMUSH AND PASUSH, when you have enough privacy and quietness (with the least or no distraction).

Some students choose to do their SAMUSH and PASUSH one after the other, in the same period, e.g. at early morning hours, while others rise by the night hours, etc. Others choose to do SAMUSH before going to bed and waking up early morning to do their PASUSH, etc. You will determine what times and options are best for you. What is required is to DO BOTH each new day.

(3) Should you for any 'unavoidable' reason miss or fail to finish your daily dosage, combine that dosage or what may be left with the following day's dosage, by doing double that next day. Otherwise, use your weekend to complete or make up for your total dosage for the week.

Finally, remember the words of Jesus: 'Whatsoever things you desire, when you pray, believe....' Mark 11:24. What is your desire for coming to this 'hospital'? Survival or Revival?...to continue to 'manage-on', at least barely survive spiritually, or revive with a mighty reviving? If you are ready for the water of the Spirit in your life to be turned by Jesus into 'wine', then be willing to do what Mary said to do when they wanted their water turned to wine. She said,

*'Whatsoever he saith unto you, do it' John 2:5*

NOW, WE SAY UNTO YOU, BY THE WORD OF THE LORD, GET GOING AND DO IT!

THE PRACTICAL WORKSHEET, PWS: If this applies to your class, you will be told. In which case, a copy of this sheet will be forwarded to you. You are to use your Practical Work Books to complete this sheet. The PWS is a requirement for your practical work grading.

Appendix**"My Year Of Personal Revival"**

**The divine rewards of a personal  
revival now is a faith revival for all.**

It starts with you. It touches your family.

It spreads around your church.

It swirls around the churches,

then to the communities and the nations.

Yet, the divine reward doesn't stop there.

It turns around and comes upon you,

fruit abounding to your heavenly account!

Your personal revival now

is indeed your faith revival for all.

Paul E. Momoh Author "Enjoying Personal Revival Now!" (First Edition Published 1999).

**Choose To Make THIS YEAR  
"My Year Of Personal Revival Now!"**

If you choose to seek first the kingdom of God and his righteousness in your life this year, you are teaming up with multitudes of Believers who are making this year their year of personal revival!

Keep the following prophetic proclamation as yours and use it as often as you can, drawing strength and power from the spoken word for your onward journey into personal intimacy with God this year.

**Prophetic Proclamations Of Faith  
For A Year Of Personal Revival**

This is my year of personal intimacy with God;

My year of personal revival.

To know the love of Christ, more and more.

To enjoy his divine presence, day by day.

To be led by his Spirit, week by week.

And so will I rest in his love, month by month.



Moreover, I will rejoice in the Lord and be glad in him: (All the time!).

Thanking him and rejoicing in his Spirit:

(For my name is written in heaven!).

Praising and worshipping God in spirit and truth:

(My awesome privilege of sonship!).

Praying without ceasing and feeding on His word:

(My daily bread from heaven!) -

And sharing this wonderful life with family & friends:

(My ministry of reconciliation revived!)

**Now, I know that, for this year -**

The Lord will make my days: (I will fear no evil!).

The Lord will make my months: (I will not be moved!).

The Lord will make my year: (I will not back up!).

**For surely,**

Goodness and mercy shall follow me, all the days of my life;

And I will dwell in the house of the Lord forever...and ever! Amen.

Paraphrases from these verses, plus other references here for further study: Luke 10:17-22; John 1:12; Psalms 16:5-9; 23:1-6; 118:6-17, 24-27; Hosea 6:1-3; 10:12; 1 Thes.5:16-22; Jer.15:16; 2 Tim.3:14-17; Eph.3:14-21; John 4:23-24; 2 Cor.7:1; 2 Cor.5:14-19; Luke 8:39; Hab.2:4; 3:2; 1 Tim.6:11-12.

Name: \_\_\_\_\_ Signed: \_\_\_\_\_ Date: \_\_\_\_\_